



## **2019 NBEA LTED Jumping Program**

The goal of the 2019 LTED Jumping Program is to develop skills of riders and their horses, and to promote participation and progression in competition within the province. The LTED program aims to help participants move up a level in competition and/or improve the consistency of their performance at their current level.

This year, there will be no Atlantic Canadian Championships held, however, the NBEA will continue to support the development of athletes at this level – 1.0m and 1.10m jumpers – and provide support for these athletes to participate in out-of-province national competitions (in Quebec and/or Ontario). As such, the format of the LTED program will change this year, with increased emphasis on training and education towards achieving rider levels, and to prepare athletes for the expectations of competition at bigger venues out-of-province.

This year, there will be 2 levels of participation. The First Level (Development Stage) include riders who are new to the discipline, who are developing a younger horse, or who are jumping at the lower levels (e.g., 2'6", 2'9", 3'0").

Riders in the Second Level (Training Stage) must be eligible to train and compete at 1.0m or 1.10m jumper. Riders who have competed in 0.9m in previous years who have the potential to move up to the 1.0m in 2019 will be considered for inclusion in this group.

Participants must be NBEA members and have a horse or pony available for the program. Some travel will be required to other venues for training and practice "off-site". The number of riders accepted to each level will be dependent on experience of candidates and the number of applicants.

### **Program Outline:**

The primary focus of the 2019 Jumping LTED will be participation in three Training Camps, to be held in Fredericton and Saint John regions in May, June and July. These Camps will focus on skills required to advance in the Rider Level Program, designing monthly training and show plans, mental preparation for competition, identifying horse lameness with vet and farrier, and fitness and nutrition for the rider. Each Training Camp will include riding lessons and practical components such as course design and measuring distances, lungeing, veterinary care and horse maintenance, preparing horses for travel and other topics stable management topics

covered in the Rider Level program. Each Training Camp weekend will have a set agenda outlining what will be covered and expectations for participants.

**Training Camp Dates** – to be held in Saint John (Foshay South) and Fredericton (Geary Hill Stables)

Camp 1: May 11 – 12

Camp 2: June 22 – 23

Camp 3: July – dates to be determined

### **LTED Coaches**

Deanna Phelan, High Performance Coach

Valerie Phelan, Competition Coach Specialist

**First Level (Development Stage): For riders jumping in lower divisions (e.g., 2'6", 2'9", 3'0"), riding a younger horse or new to discipline.**

Registration fee: \$100

Includes:

- 3 weekend Training Camps, to be held in May, June and July
- Each Training Camp weekend, rider will have *one 1 ½ hour group lesson* with LTED Coach at *their choice* of Geary Hill Stables (Fredericton) or Foshay South (Saint John). Riders are expected to participant in practical lessons that day, and are welcome to attend the unmounted portions of the camp on the alternate day (other location).
- Must have a minimum of English Rider 1 at the start of the program – and complete Rider 4 by September 30, 2019.
- Riders must demonstrate, at a minimum: walk, trot, canter; trot work without stirrups; rider level 4 flat test, trotting poles, jump gymnastic, trot line of 2 jumps. Riders may be training and competing at any jumping level in Bronze or Gold sanctioned competitions.
- Riders are expected to be taking regular weekly lessons with their own coach – certified and current IOB or Competition Coach. Coaches will be encouraged to attend training camps for mentoring opportunities with LTED coaches.

**Second Level (Training Stage): For riders jumping in 1.0m or 1.10m Jumper Divisions, Riders who have competed in 0.9m with potential to move up a division will be considered.**

Registration Fee: \$150

Includes:

- 3 weekend Training Camps, to be held in May, June and July
- Each Training Camp weekend, rider will have the opportunity for *two 1 ½ hour group lessons* with LTED Coach – one to be held at Geary Hill Stables (Fredericton) and the other at Foshay South (Saint John). Riders are not required to attend both days but would gain the most benefit from doing so, and are expected to participate in all practical, unmounted lesson portions each camp day they attend.
- Must have a minimum of English Rider 1 at the start of the program – 1.0m riders must complete Rider 5 by September 30, 2019 and 1.10m riders must complete Rider 6 by September 30, 2019.
- Riders are expected to be taking regular weekly lessons with their own coach – certified and current Competition Coach or Competition Coach Specialist. Coaches will be encouraged to attend training camps for mentoring opportunities with LTED coaches.
- Riders meeting criteria at the Training Stage (1.0m and 1.10m Jumpers) may apply to be eligible for a travel subsidy of up to \$500 to attend a competition in late August/September in Quebec or Ontario as Team NB.

**Registration Forms and Fees** must be submitted to NBEA by April 12th.

**Biosecurity:** All participating horses must have proof of vaccinations (flu, rhino, strangles) and Coggins test valid for 2019.

**Refunds:** May be provided on submission of a veterinary certificate or doctor's note. The refund will be based on how many training camps remain.

If you have any questions, please contact [deannaphelan@gmail.com](mailto:deannaphelan@gmail.com) or (506) 461-1649.

Riders who may be interested in participating in LTED program for multiple disciplines should contact the NBEA for information on possible options – [horses@nbnet.nb.ca](mailto:horses@nbnet.nb.ca)